

Life Group Discussion/Personal Meditation Questions:

Icebreaker: Who was your hero when you were around age 10?

Read Ecclesiastes 1:1-2.

1. How do we decide what gives meaning to life?
2. How can a Christian deal with Ecclesiastes' pessimistic "all is vanity" outlook on life?

Read Ecclesiastes 1:3-11.

3. What do mankind's labor (having little gain) and the earth's routine cycles of nature (illustrated by the sun, wind, and rain) teach about life's meaning?
4. What is Solomon mean when he says, "there is nothing new under the sun," when we can point to many dramatic technological advances?
5. How can God use routine in a positive way to bring meaning to your life story?

Read Ecclesiastes 1:12-18.

6. Why does wisdom bring vexation (anguish) and knowledge bring sorrow?
7. How do you regularly allow God to break into your story to bring meaning?